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Having Sex or Making Love

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Actually, the difference between the two concepts is bigger than some of us would like it to be. And, as almost every time, women feel it the most. What is the difference? Well, love. Women need to be protected, looked after and loved as much in bed as in every day life.

Keep in mind that this is not just a legend used by women to manipulate men. The difference between having sex and making love, together with it's implications in a couple's sex life is what many men forget when sharing the bed-sheets with a woman.

Clearly, everything written so far will not apply to one-night-stands. In those cases it is all about a sexual intercourse between two people who only share their bodies. After the bottom line has been drawn, most men feel good about themselves after a one-night-stand, without thinking about their sexual performance. Totally pleasing a woman from the very first time is no easy job as the only mystery she had disclosed is her body.

Yet, most men are attracted to one-night-stands or, with other words, to having sex. The lack of commitment needed and the easy attaining of the main goal: feeling good, are just two reasons pleading in favor of having sex. On the other hand there is so much more between a man and a woman making love. There are feelings and emotions, leading to a totally different connection between the two of them. More than that, for women, one of the most important things during sex is the environment. And this means everything from location to those few candles some like to place around the bed.

Let's take them in turn a little bit. If you want to leave her smiling and begging for a cigarette and some more there are some things you might like to take into consideration.

Trying dad's old car's rear suspension will make the car happier than her. The ideal location would certainly be a bed in a nice and cozy room with nothing interfering with the moment. Someone knocking on the door or even a ringing phone can have very undesirable effects. Some candle-like lights and easy-listening music in the background adds even more to the overall foreplay.

Explore every inch of her body and draw imaginary contours with your fingers and tongue, kiss her neck, breasts, belly and legs, all in a specific order surrounding the most important area and closing in at the same time. All this will increase the tension and when that moment comes both you and her will feel the difference.

Communication is essential for great results. Men must pay attention to the unspoken signs every woman gives them. Ignoring these signs will make women feel used. The old legend that says that when a woman says "no" she actually means "yes" is nothing more than a poor excuse so keep your ears open for her desires.

If all goes well, you might be given the supreme sexual command and that's "don't stop!" When you hear that, whatever you do, DON'T STOP!

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