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# **7 Surefire Ways to Arouse Your Woman**

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As there are different types of women, there are different ways to arouse them as well. If you have been in a bit of a slump here are some quick ways to rev up your love life:

1) Dress in a suit and take her out to a romantic dinner. Women love men in suits and almost every man looks good in one. The soft candle light of a romantic restaurant combined with a good wine will put her in the mood to get closer, as well.

2) Work out together. Workouts release pheromones that heighten attraction between couples. Get sweaty together then clean up with some dirty fun in the shower.

3) Take a bath together. Fill the tub with some scented oils or bath salts and toss in some rose petals. Play romantic music and light some candles. She will feel pampered and grateful. Let her relax for a few minutes then slip in with her. There is plenty of opportunity for sexy contact while you clean each other.

4) Roleplay can keep your relationship and sex life reved up for years.

Ex. My boyfriend will dress up like a handyman and really get into the act with accent and tools. He comes over and offers to lend a helping hand around the house. He offers a truly helping hand and I tip him extremely well.

5) Practice erotic massage. Either take a class together or get a video or book and practice on each other. This is a great way to get both of you relaxed and heated up.

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